

# SONARPUR MOONLIGHT FOUNDATION



**COURAGE TO WALK FORWARD**

**ANNUAL REPORT 2022-2023**

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## **Message from Secretary**

We take an opportunity to enlighten the detailed development activities for the betterment of our society while presenting the annual report of 2022-2023. This year, we worked on more number of people who are addicted as well as mentally disabled in compare to previous. We do modification in our treatment process for the betterment of patient. Beside that we appoint some new doctors, therapist and stuffs for the sake of patient.

We also organize more awareness activity, cultural event with the patient and also provide some capacity building training to the recovery patient so that they cannot get back to the addiction life. And can establish themselves as self-independent person in society. And spread awareness among the people about the HIV and Hepatitis. We successfully spread our awareness on a large area in West Bengal.

I would like to give thanks to the local administration, the panchayats pradhan, local MLA, all the well-wisher and the stuff of our organization for their immense support throughout the journey.

On behalf of Sonarpur Moonlight Foundation” we are ready to take one step forward to fulfill our dream to make an addiction free society as well as give support to the mentally ill patient throughout their treatment.

**Secretary**

## **Message from President**

This organization “Sonarpur Moonlight Foundation” has been working on mentally ill and addicted patient as a de-addiction center. We also take part in self-dependent activities by the help of local government and well-wisher.

By arranging some awareness camp we spread awareness about the bad effect of drug use and the destruction of mental health. We work on different areas to stop the drug addiction and to save our future generation from drug addiction. Local counselor is take active part to give support to our self- help group activities.

Hopefully we achieve our mission by taking slow and steady step. We are promising that we will do the hard work and will never give up on our dream to make an addiction free society for the youth.

**President**

## **Aims**

- Drug/ alcohol free society
- HIV and Hepatitis B & C free society
- To improve individual mental health

## **Objective**

- Skill development & capacity building training for mentally ill and recovering drug addicts.
- To inspire different cultural programme among recovering addicts & mentally ill people
- To start National viral Hepatitis control programme with Government of West Bengal.
- To start target intervention project with West Bengal AIDS prevention & control society.

## **Dream & Vision**

Dream of our organization is to create a society, free of drug or alcohol addiction. Now a days street are filled with under aged student who are addicted to opioids, working labour are addicted to alcohol and children are addicted to Ganja. Drug or alcohol addiction is one of the causes of domestic violence and crime. We want to prevent above mentioned problem by stop using of drug or alcohol. Continuous using of addiction substance may cause of mental illness. Addiction may also cause of spreading HIV and Hepatitis B & C among the people. We as an organization have a vision to guide these lost individual out of the dark dungeons into the sunlight.

We intend to rehabilitate them, help them realise that life without addiction is beautiful. Mental health is very important issue to us as we believe an addict should be treated not only physically but mentally also. Now days, depression, anxiety, impulsiveness, anger issue is a major issue in our society and should be treated. Majority of the addicts suffer from HIV and Hepatitis B & C. Treatment of this disease is really expensive so we take the initiative to link them to the government hospital, to help them treat themselves and the society by taking precaution.

## Mission

The mission of our institute is rehabilitation of addicted patient by providing different treatment like- indoor basis follow up services, family content and capacity building training to divert them into the addiction free life and help them to be self-independent in society.

Our mission is to make our institute “Sonarpur Moonlight Foundation” is one of the leading organizations which is equipped with proper infrastructure to provide best treatment to the addicted as well as mentally ill patient.

As a rehabilitation centre, one of our main objectives is to address mental issue. As we know one mentally stable youth are directly responsible to create a drug free as well as HIV and Hepatitis B & C free society.

## Our current project-

### Our social awareness programme throughout the year

#### 1. Programme on 18<sup>th</sup> June

On 18<sup>th</sup> June, 2022 one programme was organized by Sonarpur Moonlight Foundation associated with Pavlov Hospital in view of international drug day. The programme was started by organizing a rally. The rally was started from OST centre of Pavlov Hospital. Rally was cover all the premises of hospital at the end of the rally one seminar was organised in the new building of hospital. Near about two hundred recovering addict was participated in that rally. Rather than that doctor's, psychologist, nurse, and outreach worker of OST centre also participated.





In this seminar first speech was delivered by Dr. Srijit Ghosh, H.O.D of psychology department of National Medical Collage. The main objective of his speech was ‘The effect of drug on physical as well as mental health of individual. After that other doctors also gave their speech on bad effects of drug addiction.

At the end of the programme speech was given by Shree Biswajit Debnath, Secretary of Sonarpur Moonlight Foundation. The programme was end by the distribution food among the miserable and marginal recovering addict on behalf of Sonarpur Moonlight Foundation.



## 2. World Hepatitis Day observe 28<sup>th</sup> July 2022

On occasion of World Hepatitis Day our organization organized an awareness action schedule is taken on a tabular basis by car on the areas of Sonarpur Rajpur municipality on 28<sup>th</sup> of July. The rally throughout the day distribute the leaflet on adjoin areas of Rajpur, Kamalgazi, Mahamayatala, Harinavi and Sonarpur station. And spread awareness through the announcement on mike among the passer by.

As we run project on Hepatitis B & C with the help of Health and family department of West Bengal government so we organize outreach awareness camp on different areas of South 24Parganas throughout the year. At present,

we perform some awareness activity continuously on different areas of Mallikpur. We perform this work with local police station.



On 22<sup>nd</sup> of February, 2023 we organized Hepatitis B & C screening test and free health check-up on some high risk people like- rickshaw puller, drug addict, alcoholic and some injecting drug user.



### 3. World Mental Health Day celebration 2022

This year on the occasion of World Mental Health Day on 10<sup>th</sup> October, Kolkata Pavlov Hospital organized one seminar on second campus of Chittaranjan National Medical Collage and Hospital. Sonarpur Moonlight Foundation was invited in this seminar. Officer of Swasthya Bhawan, assistant super of C.M.N.C.H and psychiatrist, psychologist of Pavlov hospital was present in this seminar. And they delivered their valuable speech. On occasion of World Mental Health Day, on behalf of Sonarpur Moonlight Foundation we provide T.V. to the resident of Pavlov hospital.



#### 4. Free Health Check-up camp at Kankandighi

This year on the day of 20<sup>th</sup> March, Sonarpur moonlight foundation organized a free health check-up camp for the marginal and miserable people of South 24parganas at Kankandighi, remote areas of Raidighi and medicine also distributed among them on free of cost.

Our doctor, psychologist and two nurses are conducting the event on behalf of Sonarpur Moonlight Foundation. The event is start at 11am and continues till 4pm. Many people from Raidighi are present in our programme to get treatment in free of cost. The member of local Gram Panchayat, member of local club shows their cooperation in this programme. By this programme we provide free health check-up services as well as free cost medicine in this programme.

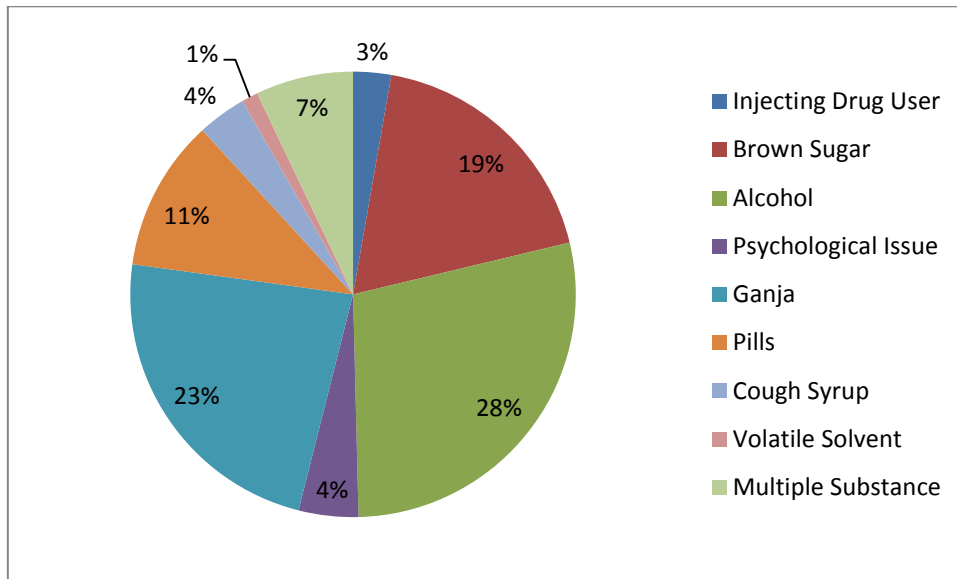




## Statistic of the year 2022-2023

Total patient-254

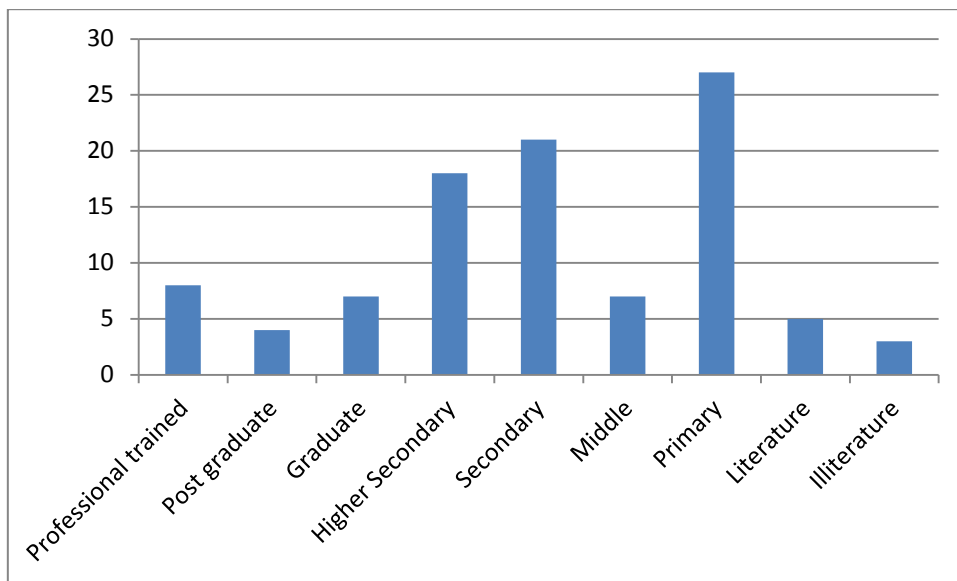
### Type of Drug Abused patient



Type of drug abused	No. of patient
Injecting Drug User	07
Brown Sugar	47
Alcohol	72
Psychological Issue	11
Ganja	59
Pills	28
Cough Syrup	9
Volatile Solvent	3
Multiple Substance	18

Declamation: Data is collected from the Patient & their families. We did not check the authenticity of this data.

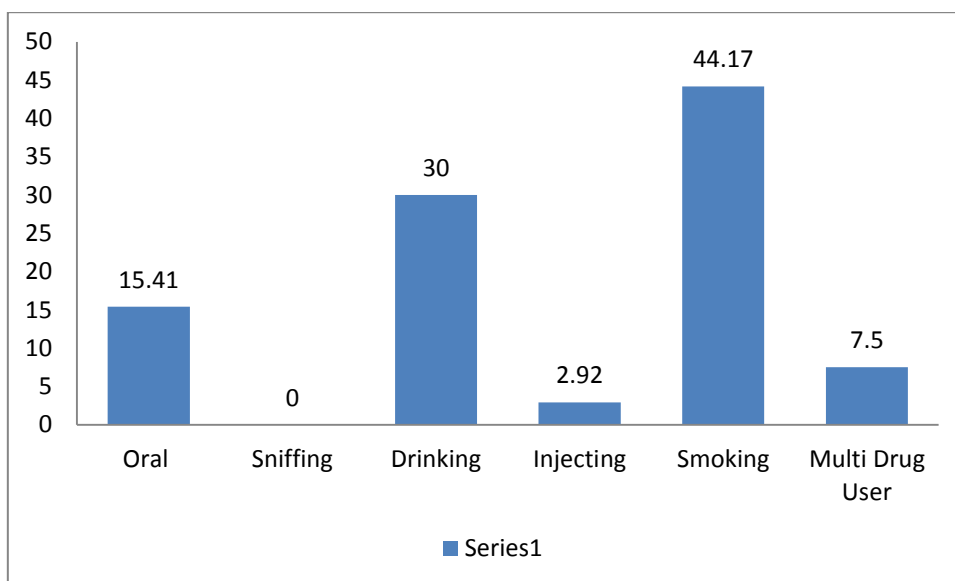
## Educational Status



Educational Status	No. of Patient
Professional Trained	20
Post graduate	10
Graduate	18
Higher secondary	46
Secondary	53
Middle	18
Primary	68
Literate ( Read & Write)	13
Illiterate	8

Declaration: Data is collected from the Patient & their families. We did not check the authenticity of this data.

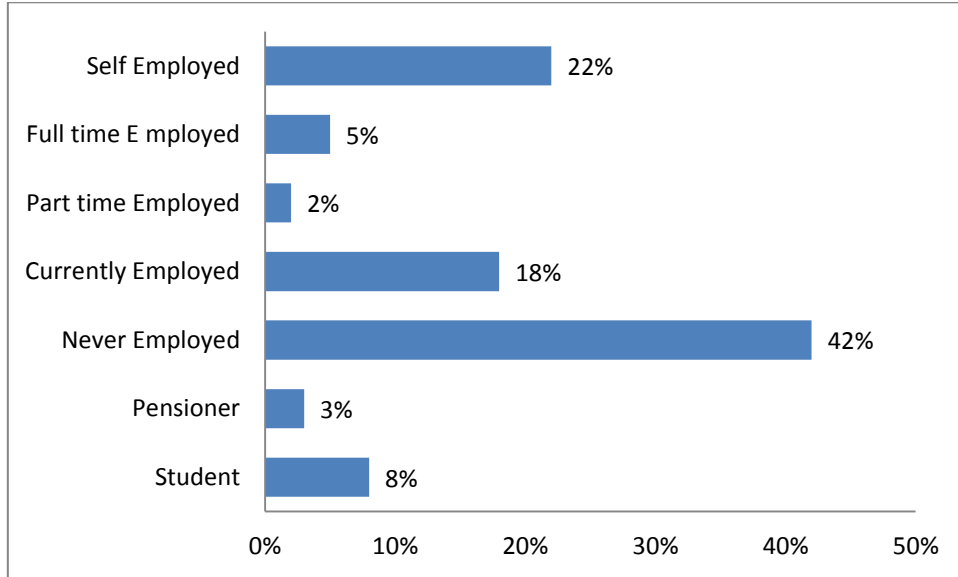
### Mode of Substance Abused



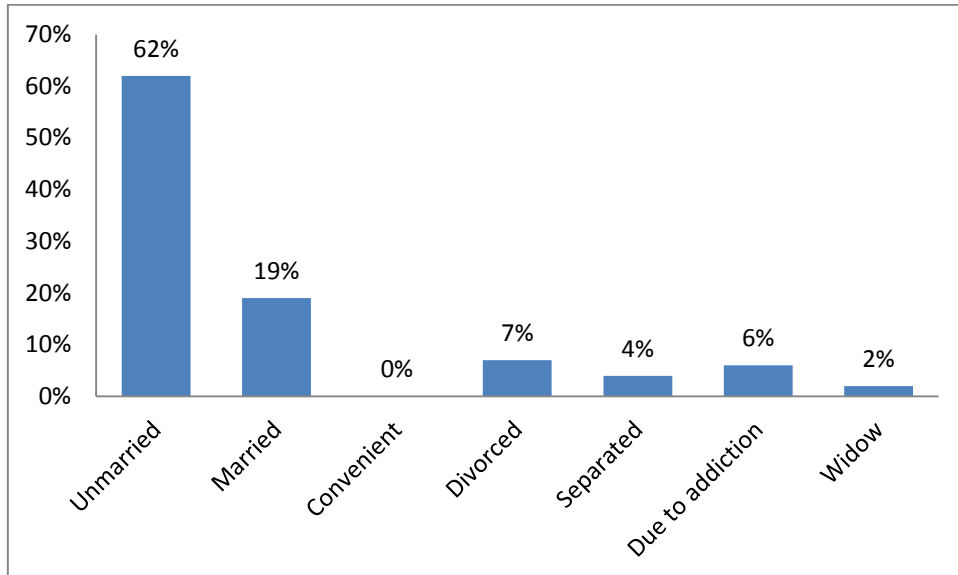
Mode of Substance	No. of patient
Oral	37
Sniffing	0
Drinking	72
Injecting	07
Smoking	106
Multi drug	18

Declamation: Data is collected from the Patient & their families. We did not check the authenticity of this data.

## Employment Status

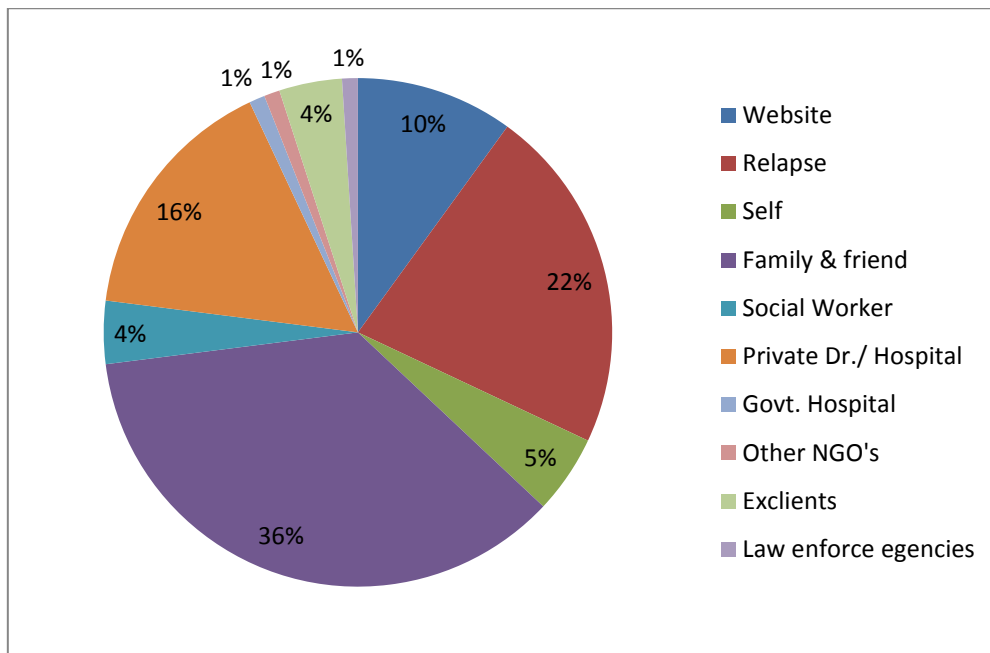


## Marital Status



Declamation: Data is collected from the Patient & their families. We did not check the authenticity of this data.

## Source of Referrals



Declamation: Data is collected from the Patient & their families. We did not check the authenticity of this data.

**Mainly following subject are been thought:**

- Old age home
- 10 bedded hospital

**Our future plan:**

- Establishment of a real polyclinic
- Spread up education in rural area
- Women empowerment

**Our thanks:**

We would like to give thanks to the many organization, government and non-government person for their co-operation and their immense support to our endeavour in our development process. We also express our gratitude towards our employee for their support throughout.