

SONARPUR MOONLIGHT FOUNDATION



ANNUAL REPORT 2024-25

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<https://www.facebook.com/sonarpurmoonlightfoundation>



<https://www.youtube.com/@lightmoon8136>



<https://www.linkedin.com/in/sonarpur-moonlight-foundation-6a7595263/>



<https://www.instagram.com/sonarpurmoonlightfoundation/>



<https://x.com/moonlightSMF>

Message from the President

Dear Friends and Supporters,

It is with great pride and deep gratitude that I present to you our Annual Report for this year. As we reflect on the progress we've made, we are reminded of the profound impact our work has on individuals, families, and communities. The past year has been one of both challenges and remarkable achievements, and it is a testament to the resilience and dedication of our team, our partners, and the many people we serve.

Mental health remains one of the most pressing issues of our time, and as an institute, we are committed to breaking down the barriers that prevent individuals from seeking the support they need. Throughout this year, we have continued to expand our reach, enhance our services, and create a more inclusive, compassionate environment for those navigating mental health challenges.

Our programs have helped countless individuals to achieve a greater sense of well-being and stability, whether through therapy, community outreach, or innovative new initiatives. We've seen firsthand the transformative power of mental health support, and we are more determined than ever to continue our mission.

However, the work is far from finished. As we move forward, we recognize the ongoing need for education, awareness, and advocacy to create a society that understands and values mental health. Together, we can continue to change the narrative and empower those who are struggling to find the help they deserve.

I would like to express my sincere appreciation to all our staff, partners, and supporters for your unwavering commitment to this cause. Your dedication is the driving force behind the positive change we are able to bring about.

On behalf of everyone here, I thank you for your ongoing trust and support, and I look forward to another year of growth, impact, and hope.

Sincerely,

President
SONARPUR MOONLIGHT FOUNDATION

Message from the Secretary

Dear Colleagues, Supporters, and Community Members,

As we reflect on the year gone by, it is with both pride and hope that I share this message in our Annual Report. The mental health landscape is evolving, and it is an honor to witness the growth of our institute in its commitment to providing care, support, and resources to those in need.

This year, we have made significant strides in enhancing our services, increasing accessibility, and fostering an environment of compassion and understanding. From expanding our outreach programs to the implementation of new initiatives that focus on prevention and education, our collective efforts have led to tangible improvements in the lives of many individuals and families.

Throughout this journey, we have been reminded of the importance of collaboration. It is the partnership between our dedicated staff, volunteers, donors, and supporters that enables us to push the boundaries of what we can achieve. Together, we have worked towards a shared goal: to create a world where mental health is valued, and where everyone has access to the care and support they deserve.

While we celebrate the progress made, we remain mindful of the work that still lies ahead. The challenges are great, but with continued dedication and collaboration, I am confident that we can build on our success and continue to make a meaningful difference in the lives of those affected by mental health issues.

I would like to extend my heartfelt thanks to everyone involved in our mission. Your unwavering support, hard work, and belief in our cause have been instrumental in our achievements. I look forward to another year of progress, collaboration, and hope.

Warm regards,

Secretary
SONARPUR MOONLIGHT FOUNDATION

Aims & Objective:

- To start a 300 bedded mental health care hospital treatment centre which provides comprehensive treatment with after care, follow up, skill development, capacity building training and occupational engagement facilities.
- HIV and Hepatitis B & C free society
- To spread awareness about mental health and ill effects of drug abuse to each and every area of the society.

Dream & Vision:

We believe that people should be empowered to take control of their own mental health and with any necessary support, to build self-confidence and resilience through the help of positive and constructive relationships. We believe that, with support, people living with poor mental health and wellbeing can return to a fully independent and happy life, where they have the confidence to make their own choices and where they are empowered to build on their own wellbeing. To create an environment in which everyone feels supported throughout their mental health and recovery journey. Equity of access to person centered mental health services and decision support services that deliver high-quality care and support. We are a Non Governmental Organization in India extending holistic mental healthcare facilities to people from every socio-economic category.

Mission:

Our mission is to make our institute "Sonarpur Moonlight Foundation" one of the leading organizations which is equipped with proper infrastructure to provide best treatment to the addicted as well as mentally ill patient. Strive to enhance equitable accessibility of primary care in Mental Health and Substance Used Disorder to all sections of society and ages including the vulnerable population. As a rehabilitation center, one of our main objectives is to address mental issue. We work to help people by serving mental health, de-addiction and community support needs through direct service, policy advocacy and outreach. Our objective is to enhance mental health awareness, promote individual empowerment and increase access to treatment and services for persons living with mental illness.

Activities throughout the year:

World Anti-Drug Day Program – 26th June

On 26th June, a special program was held in observance of **World Anti-Drug Day**, aimed at raising awareness about the dangers of drug abuse and promoting global efforts to combat addiction. The day focused on educating the public about the harmful effects of drugs, sharing resources for recovery, and emphasizing the importance of prevention.

The event featured a range of activities, including:

1. **Opening Ceremony:** A keynote address was given by experts in addiction prevention and recovery, who shed light on the global challenges posed by drug abuse and highlighted local initiatives.
2. **Awareness Campaigns:** Interactive workshops, exhibitions, and informational booths were set up where participants could learn about the signs of addiction, treatment options, and ways to support those affected by substance abuse.
3. **Panel Discussions:** Healthcare professionals, former addicts, and advocates engaged in conversations, discussing strategies to combat drug abuse, offering insights into rehabilitation, and encouraging community involvement in supporting recovery.
4. **Public Engagement:** A social media campaign was launched, encouraging people to share their stories, thoughts, and pledges to fight drug abuse, using hashtags like #SayNoToDrugs or #EndDrugAbuse.
5. **Youth Involvement:** A special segment for students and young people included performances, art exhibitions, and contests to engage youth in the anti-drug message.
6. **Community Support Groups:** Information about local resources, hotlines, and support networks available for those struggling with addiction was provided.

By bringing together people from all walks of life, the program fostered a sense of unity in the fight against drug abuse and contributed to building healthier, drug-free communities. The day also focused on showing that recovery is possible, and that every individual's effort counts in creating a world free from the damaging effects of drugs.





Out-Reach Awareness Camp in South 24 Parganas on 4th August and 9th September 2024

In the year 2023, from some specific areas in south 24 Parganas district significant number of drug addict patients got admitted in our institute. As per the survey of our experts, we identified few areas in South 24 Parganas district and decided to organize awareness camps in those areas. We organized those camps primarily in Canning, Sonarpur and Baruipur block level with the help of local Police Station, Gram Panchayet and Primary Health Care Center. Almost 350 drug addict patients got benefitted from these camps.



Viral Hepatitis B & C Awareness Programme

To celebrate world hepatitis day on 28th July 2024, Sonarpur Moonlight Foundation organized a road campaign(tableau) and distributed leaflets to the passersby to increase awareness among the local population about the disease. This tableau visited mainly Sonarpur, Rajpur bazaar area.



Sit & Draw Competition by Kolkata Police on 19th June 2024

Kolkata Police organized a sit and draw competition in the Dojo Hall of Police Training School at 11AM onwards. Atleast 10 NGOs participated in this event. 6 participants from Sonarpur Moonlight Foundation participated this sit and draw competition. Respected DC D.D special, ACP Narcotic cell Sri Bireswar Chatterjee and OC Narcotics Sri Arun Kumar Dey were present in this event. On behalf of Kolkata police, Sri Arun Kumar Dey O.C. Narcotics presented certificate to every participants from Sonarpur Moonlight Foundation.



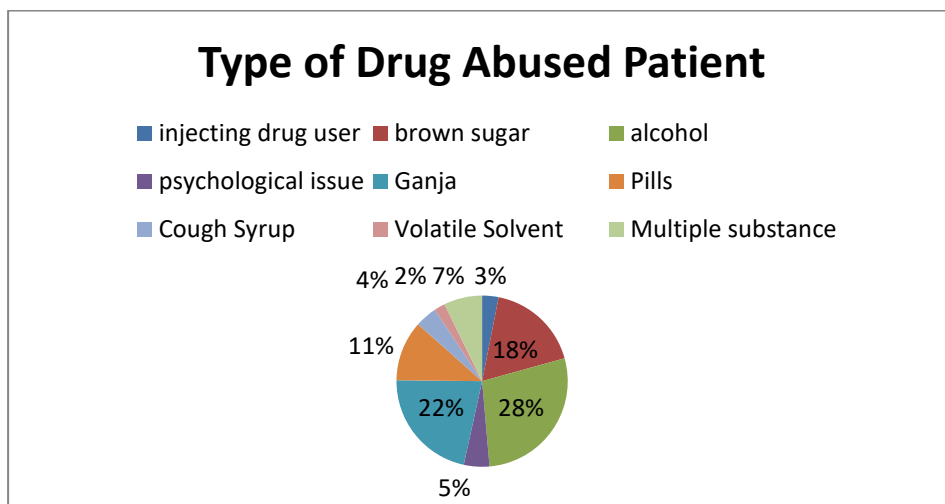


Project Bibartan :

We are running a 15 bedded drug/alcohol de- addiction center in Baruipur Central Correctional home in collaboration with Sonarpur Moonlight Foundation for the last few months. Here, we are providing service of the basic withdrawal management programme and mental health issues with our experienced five members dedicated team including psychiatrists, clinical psychologists, GNM nurses, peer educators and coordinators. Here, we regularly do doctor's check up and counseling. We have observed in the course of time that some patients are suffering from HIV and Hepatitis B & C.

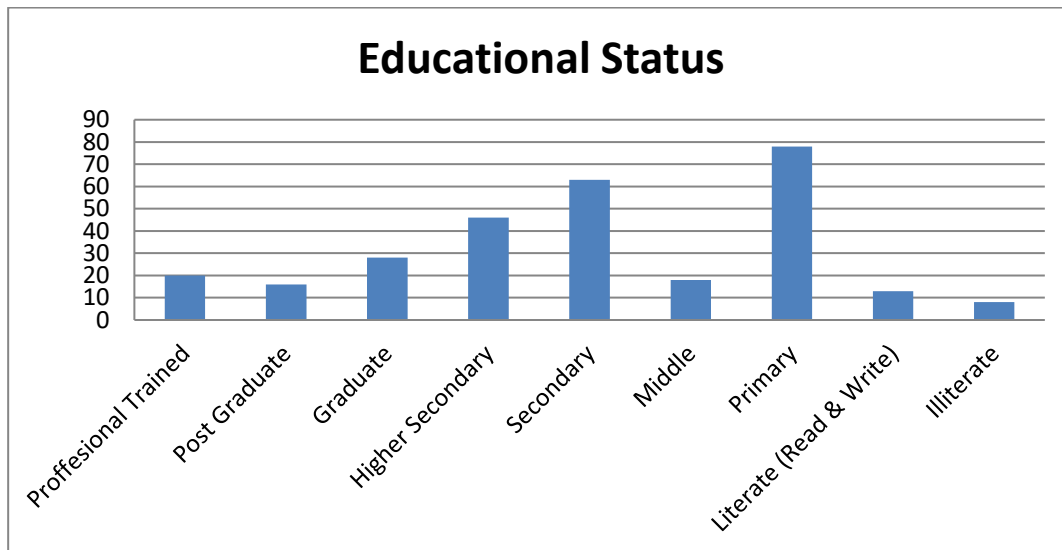
Statistics for the year 2024 – 2025

Total No. Of Patients: 290



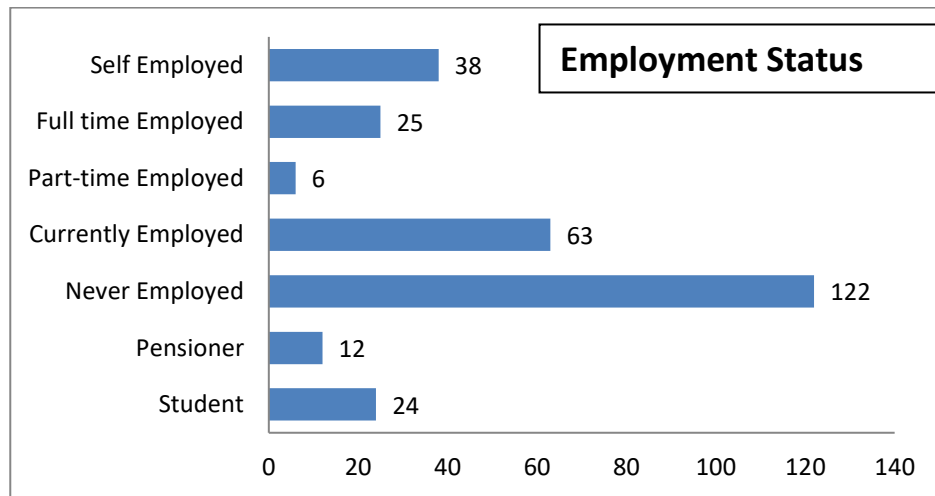
Type of Drug Abused	No. of Patient
injecting drug user	9
brown sugar	51
alcohol	81
psychological issue	14
Ganja	63
Pills	33
Cough Syrup	12
Volatile Solvent	6
Multiple substance	21

Disclaimer: Data is collected from the Patient & their families. We did not check the authenticity of this data.



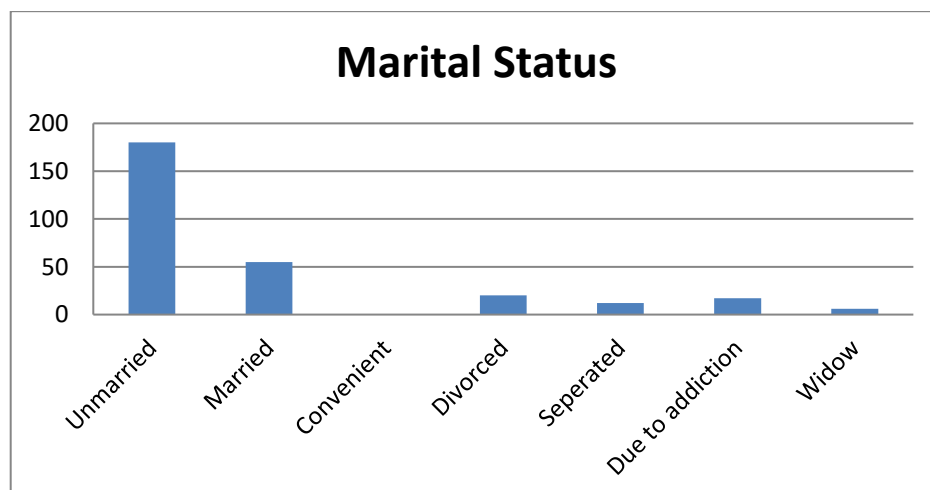
Educational Status	No. of Patient
Professional Trained	20
Post Graduate	16
Graduate	28
Higher Secondary	46
Secondary	63
Middle	18
Primary	78
Literate (Read & Write)	13
Illiterate	8

Disclaimer: Data is collected from the Patient & their families. We did not check the authenticity of this data.



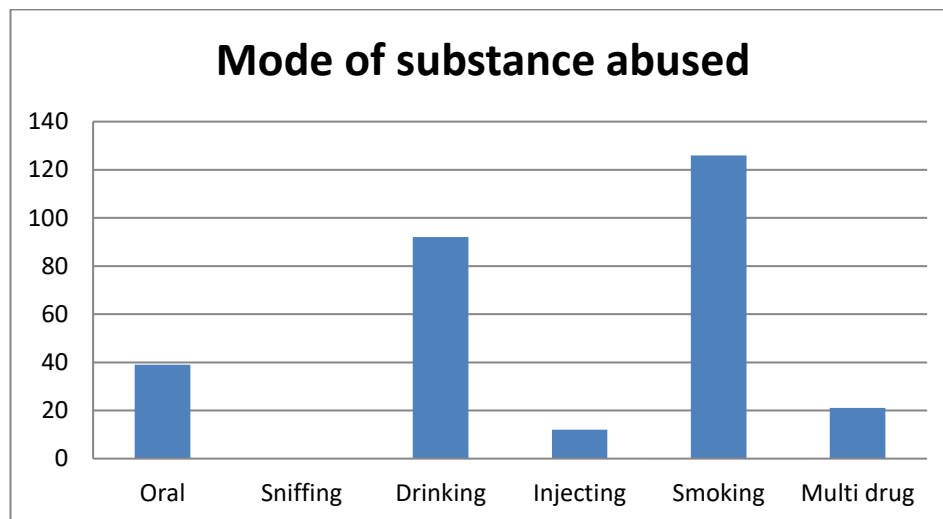
Type of Employment	No. of Patient
Student	24
Pensioner	12
Never Employed	122
Currently Employed	63
Part-time Employed	6
Full time Employed	25
Self Employed	38

Disclaimer: Data is collected from the Patient & their families. We did not check the authenticity of this data.



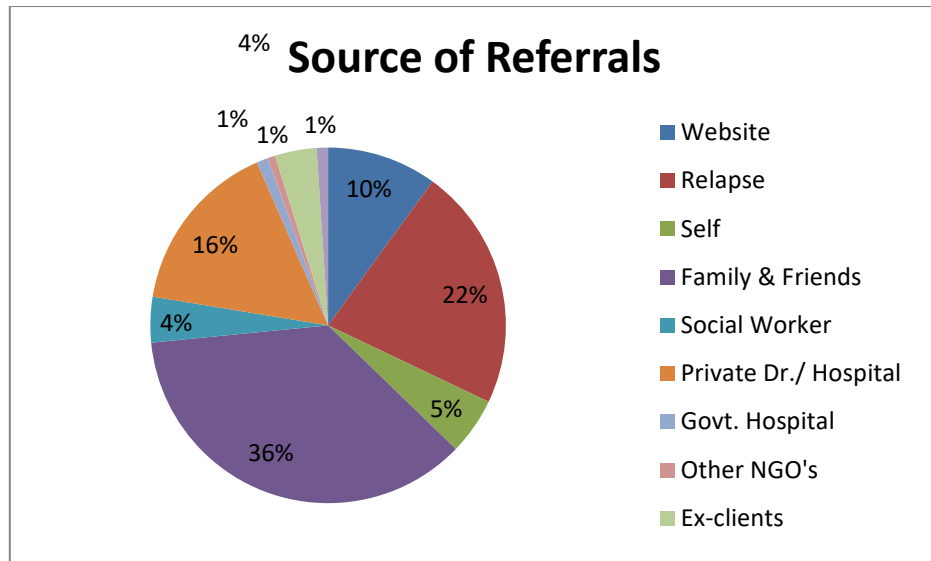
Marital Status	No. of Patient
Unmarried	180
Married	55
Convenient	0
Divorced	20
Separated	12
Due to addiction	17
Widow	6

Disclaimer: Data is collected from the Patient & their families. We did not check the authenticity of this data.



Mode of substance	No. of Patient
Oral	39
Sniffing	0
Drinking	92
Injecting	12
Smoking	126
Multi drug	21

Disclaimer: Data is collected from the Patient & their families. We did not check the authenticity of this data.



Source of Referrals	No. of Patients
Website	29
Relapse	64
Self	15
Family & Friends	105
Social Worker	12
Private Dr./ Hospital	46
Govt. Hospital	3
Other NGO's	2
Ex-clients	11
Law enforcement agencies	3

Disclaimer: Data is collected from the Patient & their families. We did not check the authenticity of this data.

Mainly following subjects are been thought:

- To create employment opportunity for recovering addicts and stable mental health patients with the help of government.
- Community development and capacity building training through workshop.

Our future plan:

- 300 bedded Mental Health Care Hospital and Rehabilitation Centre.

Our thanks:

We want to express our gratitude towards our employees, clients, stakeholders and well-wishers for their support throughout the year. We want to thank all officials in local administration, the panchayats prodhan, local M.L.A. and villagers for their active participation in the development field. Without their active support we would not have been able to come this far in our journey.